



**Division One -
SWAG Badge
Rock n Ropes Badge**



Complete the following knots, on 3 separate occasions.

Knot	Date	Date	Date	Signature
Reef Knot				
Clove Hitch				
Alpine butterfly				
Figure eight				
Bowline				

Give an example of a situation where each of the following notes would be useful.

Knot	Date	Signature
Reef Knot		
Example:		
Clove Hitch		
Example:		
Alpine butterfly		
Example:		
Figure eight		
Example:		
Bowline		
Example:		

Participate in the following SWAG activities.

Activity	Date	Signature
Rock climbing		
Abseiling		