



Dear Parents,

On Saturday morning 26th November we are having a bike ride along the bike path north of Wollongong. This is a lovely part of the coast and safely away from roads. As it is along the coast it is a relatively flat ride of only about 10 km.

The plan is to travel by train to Wollongong and ride north to Bulli for lunch (and a paddle if time permits). We will pick up the train at Bulli to return home. The older boys may ride faster than the younger ones so we will work out some extra challenges for them as the day goes but still all meet together at lunchtime.

Fathers are welcome to join us if you have the time.

What to Bring

- Bike (of course)
- Spare tube for that unfortunate puncture
- Helmet
- Sunscreen
- Water – lots of it
- Lunch

Times

- **Meet at Hurstville Station at 7.45am – the train leaves at 8.02 !!!!!**
- **Leave Bulli Station 1.52pm which gets us back to Hurstville at 2.57**
(if we miss this one the next is at 2.59 arriving at Hurstville at 3.57)

From
the SWAG leadership
your servants in Christ

✂ -----

Permission Slip

I give my permission for _____ to attend the Bike Ride with SWAG on 26th/11/05.
I agree to the procedures as set out in the SWAG form of indemnity .

Signed _____

Date _____

Medicare No. _____

Contact Phone _____