



## Family Bushwalk Day

Dear Parents,

On Saturday 21<sup>st</sup> August, SWAG will be having an afternoon bushwalk in Heathcote National Park.

*Note: This is instead of the planned Blue Mountains bushwalk, due to the federal elections on this day.*

Description: There will be a fairly comfortable walk on a circular track around Lake Toolooma, returning to our starting point. The total distance is around 6.5km and we are allowing 2 ½ hours with time for an afternoon tea break along the way.

Families are welcome!

Come along and enjoy a great day in the bush.

### The Details:

- Where: Heathcote National Park, Waterfall.  
Meeting at Waterfall Train Station.
- When: Saturday 21<sup>st</sup> August, 2010.  
1:30pm – returning by 4:00pm.
- Cost: There is no cost for this activity.
- What to bring: Small daypack  
Drinking water (1 ltr)  
Afternoon tea / snacks  
Good walking shoes  
Appropriate clothing (may get cool in the afternoon)  
hat, sunscreen, etc  
camera, binoculars, etc

If you are intending to come, please let a SWAG leader know before Saturday; in person, by phone or by e-mail.

So we know how many people/families to expect.

Andrew Mills 0425 350-986

Stephen Irvine 0407 106-315

[swag@swag.org.au](mailto:swag@swag.org.au)

If your child will be attending without you or your family, please complete the permission slip below as well. If required, we will meet at the Penshurst church at 1:00pm

From  
the SWAG leadership  
your servants in Christ

✂-----  
**Permission Slip**

I give my permission for \_\_\_\_\_ to attend the bushwalk in Heathcote National Park on Saturday 21<sup>st</sup> August, 2010.

I understand that my child will travel with SWAG leaders and/or other parents to this activity.

I agree to the procedures as set out in the SWAG form of indemnity.

Signed \_\_\_\_\_

Date \_\_\_\_\_