



INform

<http://www.swag.org.au>

Coastal walk

Dear Parents,

Swag is planning a Coastal walk on the 19th of Feb 2011 from Bundeena to Jibbon, in the Royal National Pk. This is a 6.8KM walking track of moderate level. On this loop walk you will enjoy some grand ocean views, a few secluded beaches, rock shelves and some Aboriginal engravings. The walk starts in the community of Bundeena and follows the roads to Jibbon Beach then along the track to Jibbon Head and Shelley beach, and then a long stretch of sandy management trail through the heath. It's a complete circuit which takes us back to the wharf at Bundeena.

For more information click on the link; <http://www.wildwalks.com/bushwalking-and-hiking-in-nsw/royal-national-park/bundeena-to-jibbon-head-circuit.html>

Schedule Plan: Saturday 19th Feb 2011

8:00am meet at Hurstville station for a 8:25am departure to Cronulla

Arrive at Cronulla ~9:00am

9:30am ferry leaves to Bundeena

Walk ~2:30 with lunch /swim aim for 2:00pm departure from Bundeena

2:00pm leave from Bundeena wharf arrive at Cronulla ~2:30

Travel Cost Child: **\$10** - Train fare return to Cronulla \$4, Ferry fare to Bundeena \$5:80
Adults: **\$20** - Train fare return \$8:00, Ferry fare \$11:60 total ~

What to bring Water Bottle (bring at least 1litre minimum of water)
Wear good walking shoes
Lunch and snack food
Swimmers and towel
Hat and sunscreen lotion
Back pack (please make sure you are able to carry everything you bring)
Camera (parents may want to bring as there is some great opportunities for photos)

From the SWAG leadership team
your servants in Christ

Permission Slip

I give my permission for _____ to attend the Coast walk from Bundeena to Jibbon, in the Royal National Pk.

I also give permission for him to swim at either Jibbon or Shelley Beach. Yes / No (please circle)

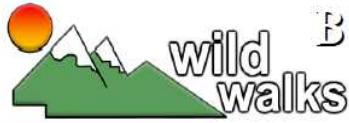
My Son's swimming ability is (weak / average / strong)

I understand that, no responsibility can be taken by Swag or its leaders, as outlined in the "Form of Indemnity" I signed on my son's Membership Form.

I agree to the procedures as set out in the SWAG form of indemnity.

Signed _____ Date _____

Medicare No. _____ Contact Phone No. _____



Bundeena to Jibbon Head Circuit



On this loop walk you will enjoy some grand ocean views, a few secluded beaches, rock shelves and some Aboriginal engravings. The walk starts in the community of Bundeena and follows the roads to Jibbon Beach then along the track to Jibbon Head and Shelley beach, then a long stretch of sandy management trail through the heath. The walk also describes a side trip to Bundeena Lookout.

Royal National Park

Length: 6.8 km
Time: 2 hrs 30 mins
Climb: 139 m
Style: Circuit
Rating: Track: Moderate
Where: 0.1 km NE of Bundeena
Transport: ferry car



Visit www.wildwalks.com for more info



Bundeena to Jibbon Head Circuit

